

Dance Dance Dance

Sections:

Jingle Bells

1st Verse and Chorus

2nd Verse and Chorus

Dance Break

3rd Verse and Chorus

Front Line

Back Line

Jingle Bells:

Bounce around

Bounce around

1st Verse:

“after 6 hours of school,
I’ve had enough of this
day, I turn the radio up,
.....all the way”

Cutesy pose
Hands to head
Point to front
Bounce around

Cutesy pose
Hands to head
Point to front
Bounce around

Charlie Brown-like
bounce step moving to
Right (start on right foot,
right arm up, then L,R,L)
Bounce step backwards
(R,L,R,L)
Face center, bounce
step arms up (R,L)
Stay center, bounce
step arms down (R,L)

Go-go move:
turn to Left, Left arm up,
then arms R,L,R.
Switch – turn to Right,
Left arm up, then R,L,R.
Switch – turn to center,
Left arm up, then R,L,R.

DANCE build:

Hold first beat, then right
arm up, throw it down
Left arm up, throw it
down. Hold 1 beat,
scoop up on YEAH.

DANCE build:

Arms overhead on first
“dance”, then down. Up
2nd “dance”, then down.
Up 3rd “dance”, scoop up
on YEAH.

2nd Verse:

“when I get down, I like
to shake it off fast, with
my chick by my side
BLAH BLAH BLAH
something -ast”

Drop Arms
Shake 5,6,7,8
And 1 – jump together
with groups on outside
And 5 – Randi and
Joanna jump out, Sarah
and Brian together.

Drop Arms
Shake 5,6,7,8
And 1 – Matt and Eric
jump out, Sasha and
Michelle together
And 5 – jump together
with groups on the
outside

Repeat first verse
moves:
Arms up Charlie Brown
move (Sarah and Brian
together, Joanna and
Randi to outside)
Switch partners for arms
down move (Sarah and
Randi together, Brian
and Joanna together)
Turn to center, 2 arms
up moves, 2 arms down
moves

Repeat first verse
moves:
Gogo move L,R,L,R
(Matt and Sasha
together, Michelle and
Eric together)
Switch partners (Sasha
and Michelle together,
Matt and Eric to
outside), Gogo move
L,R,L,R.
Turn to center, L,R,L,R.

DANCE build:

Hold first beat, then right
arm up, throw it down
Left arm up, throw it
down. Hold 1 beat,
scoop up on YEAH.

DANCE build:

Arms overhead on first
“dance”, then down. Up
2nd “dance”, then down.
Up 3rd “dance”, scoop up
on YEAH.

Dance Break:
(6 counts of 8)
1st count of 8

Walk to Right:
Step R, together L, step
R, together L on 1,2,3,4.
Lunge out to the
downstage right corner,
Shimmy 5,6,7,8.

Turn and face L, circle
with R arm 1,2,3,4.
(clockwise)
Lunge out to the
downstage right corner,
Shimmy 5,6,7,8.

2nd count of 8

Walk to Left:
Step L, together R, step
L, together R on 1,2,3,4.
Lunge out to the
downstage left corner,
Shimmy 5,6,7,8.

Turn and face R, circle
with L arm 1,2,3,4.
(counter clockwise)
Lunge out to the
downstage left corner,
Shimmy 5,6,7,8.

3rd count of 8

Step out with R foot,
lunge to the R, arms up
over head

Step out with R foot,
lunge to the R, arms up
over head

Group 1:
Randi and Matt

Group 1 on 1
Group 2 on 2
Group 3 on 3
Hold 4
5,6,7,8 – everyone walk
to the L (feet are
L,R,L,R), drag arms
across your body

Group 1 on 1
Group 2 on 2
Group 3 on 3
Hold 4
5,6,7,8 – everyone walk
to the L (feet are
L,R,L,R), drag arms
across your body

Group 2:
Sasha, Sarah, Brian,
Michelle

Group 3:
Joanna and Eric

4th count of 8

Group 3 on 1
Group 2 on 2
Group 1 on 3
Hold 4
5,6,7,8 – everyone walk
to the R (feet are
R,L,R,L), drag arms
across your body

Group 3 on 1
Group 2 on 2
Group 1 on 3
Hold 4
5,6,7,8 – everyone walk
to the R (feet are
R,L,R,L), drag arms
across your body

5th count of 8

Arm twist thing – shake
arms to the R, the L,
around in a circle down
to the R,
Repeat to L, R, around
to L

Arm twist thing – shake
arms to the R, the L,
around in a circle down
to the R,
Repeat to L, R, around
to L

6th count of 8

Bounce around for last
count of 8

Bounce around for last
count of 8

3rd Verse and Chorus:

Drop arms to by your sides and just bounce a little

At key change, lift arms up overhead (jazz hands!)

Repeat 1st verse moves

Charlie Brown-like bounce step moving to Right (start on right foot, right arm up)

Bounce step backwards (R,L,R,L)

Face center, bounce step arms up (R,L)

Face center, bounce step arms down (R,L)

DANCE BUILD

VARIATION:

Hold first beat, then right arm up, throw it down. Left arm up, throw it down, immediately run 1,2,3,4 in to surround Brian – YEAH as usual, arms up.

Drop arms to by your sides and just bounce a little

At key change, lift arms up overhead (jazz hands!)

Repeat 1st verse moves,

Go-go move:

turn to Left, Left arm up, then arms R,L,R.

Switch – turn to Right, Left arm up, then R,L,R.

Switch – turn to center, L,R,L,R.

DANCE BUILD

VARIATION:

Arms overhead on first “dance”, then down. Up 2nd “dance”, then down. Run in 1,2,3,4 to surround Brian – YEAH as usual, arms up.